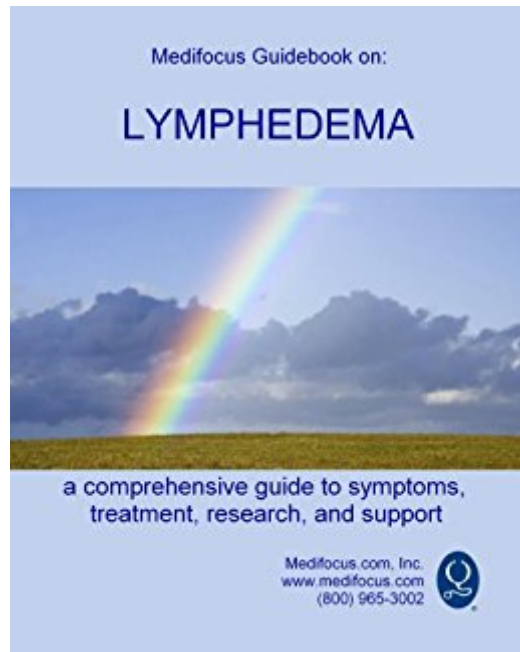




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# **Medifocus Guidebook On: Lymphedema**



## Synopsis

The term "edema" refers to the accumulation of an excessive amount of fluid in tissues or organs resulting in swelling. Lymphedema is the swelling of skin and subcutaneous tissue as a result of obstruction of lymphatic vessels or lymph nodes causing the accumulation of large amounts of lymph fluid in the affected region. The two major types of lymphedema are primary lymphedema (a rare inherited condition) and secondary lymphedema which is caused by a blockage or interruption of the normal flow of lymph fluid through the lymphatic system. A variety of risk factors have been recognized for secondary lymphedema including: 1) breast cancer surgery; 2) cancer radiation therapy; 3) cancer of the lymph nodes; 4) infection; 5) chronic venous insufficiency; and 6) filiarisis (a parasitic infection transmitted to humans by mosquito bites). The objectives in the treatment of lymphedema include: 1) control and reduce the swelling; 2) prevent progression of lymphedema; 3) prevent infection; and 4) improve the patient's overall quality of life. Currently, there is no general consensus among doctors regarding a uniform standard of care for the treatment of lymphedema. Treatment options are individualized to the patient's specific situation and take into account a variety of factors including the severity of the lymphedema. In recent years, Complete Decongestive Physiotherapy has gained popularity for the treatment of lymphedema. This type of treatment consists of manual lymphatic drainage, compression bandaging, exercise therapy, and patient education regarding skin care. Learn more by ordering your MediFocus Guidebook on Lymphedema, the most comprehensive, up-to-date source of information available. You will get answers to your questions, including: \* What are the risk factors of Lymphedema? \* What standard and alternative treatment options are available? \* Where are the leading doctors, hospitals and medical centers that specialize in Lymphedema research and treatment? \* What are the results of the latest clinical trials? \* Where are the support groups and additional resources in my area? \* What are the promising new treatments on the horizon? You won't find this combination of information anywhere else. Your health matters. Don't leave it to chance. Arm yourself with the most comprehensive, up-to-date research available by ordering your MediFocus Guidebook today.

## Book Information

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## Customer Reviews

I have lower extremity lymphedema, and have had this condition for years. I am always looking for new options, but there was nothing new here that I haven't read online through PubMed and some other sources. More than 50% of the book is bibliography and links to websites.

Good reference information. Loaned it out to friends and family to help them understand my disease.

Good information

Helped me plan for a cancer rehab program. More of a consumer focused guidebook. More of the review is asked, but I have nothing else to offer

my cousin has this condition and while reading it she realized that she was no alone in some of the feelings she was having, such as embaresment. excelled book

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